McMaster Children's Hospital

IWK Health Centre
Mental Health Services

Here's some suggested resources about:

BEHAVIOUR PROBLEMS

Books

1. No More Misbehavin': 38 Difficult Behaviors and How to Stop Them by Michele Borba, Jossey-Bass; c2003 ISBN: 0787966177 **FRL** **HPL**
2. Kids are worth it! Revised Edition : Giving Your Child the Gift of Inner Discipline by Barbara Coloroso, Harper Resource; Rev. Ed. c2002 ISBN: 0060014318 **FRL**
3. The Difficult Child by Stanley Turecki, Bantam ; 2nd Rev. Ed. c2000 ISBN: 0553380362 **FRL** **&** **HPL**
4. How to Behave So Your Children Will, Too! by Sal Severe, Penguin USA; c2003 ISBN: 0141001933 **HPL**
5. Your Defiant Child: Eight Steps to Better Behavior by Russell Barkley, Guilford Press; c1998 ISBN: 1572303212 **FRL** **&** **HPL**
6. Discipline: The Brazelton Way by T. Berry Brazelton, Perseus Publishing; c2003 ISBN: 0738207837 **FRL**
7. Making Children Mind Without Losing Yours by Kevin Leman, Fleming H Revell Co; c2000 ISBN: 0800757319 **FRL** **&** **HPL**
8. Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic by Mary Sheedy Kurcinka, Perennial Press; c1998 ISBN: 0060923288 **FRL** **HPL**
9. Rage, Rebellion & Rudeness: Parenting Teenagers in the New Millennium by G. Scott Wooding, Fitzhenry & Whiteside Limited; c2003 ISBN: 155041755X **FRL** **&** **HPL**
10. Backtalk: Four Steps to Ending Rude Behavior in Your Kids by Carolyn Crowder, Fireside; c1998 ISBN: 068484124X

Websites:

http://www.aacap.org/publications/factsfam/

http://www.caringforkids.cps.ca/behaviour/

© 2004 Adapted by IWK Mental Health Program, **PL-0222**, Date for Review: February, 2009

McMaster Children's Hospital

IWK Health Centre
Mental Health Services

Here's some suggested resources about:

BEHAVIOUR PROBLEMS

Books

1. No More Misbehavin': 38 Difficult Behaviors and How to Stop Them by Michele Borba, Jossey-Bass; c2003 ISBN: 0787966177 **FRL** **HPL**
2. Kids are worth it! Revised Edition : Giving Your Child the Gift of Inner Discipline by Barbara Coloroso, Harper Resource; Rev. Ed. c2002 ISBN: 0060014318 **FRL**
3. The Difficult Child by Stanley Turecki, Bantam ; 2nd Rev. Ed. c2000 ISBN: 0553380362 **FRL** **&** **HPL**
4. How to Behave So Your Children Will, Too! by Sal Severe, Penguin USA; c2003 ISBN: 0141001933 **HPL**
5. Your Defiant Child: Eight Steps to Better Behavior by Russell Barkley, Guilford Press; c1998 ISBN: 1572303212 **FRL** **&** **HPL**
6. Discipline: The Brazelton Way by T. Berry Brazelton, Perseus Publishing; c2003 ISBN: 0738207837 **FRL**
7. Making Children Mind Without Losing Yours by Kevin Leman, Fleming H Revell Co; c2000 ISBN: 0800757319 **FRL** **&** **HPL**
8. Raising Your Spirited Child: A Guide for Parents Whose Child Is More Intense, Sensitive, Perceptive, Persistent, Energetic by Mary Sheedy Kurcinka, Perennial Press; c1998 ISBN: 0060923288 **FRL** **HPL**
9. Rage, Rebellion & Rudeness: Parenting Teenagers in the New Millennium by G. Scott Wooding, Fitzhenry & Whiteside Limited; c2003 ISBN: 155041755X **FRL** **&** **HPL**
10. Backtalk: Four Steps to Ending Rude Behavior in Your Kids by Carolyn Crowder, Fireside; c1998 ISBN: 068484124X

Websites:

http://www.aacap.org/publications/factsfam/

http://www.caringforkids.cps.ca/behaviour/

© 2004 Adapted by IWK Mental Health Program, **PL-0222**, Date for Review: February, 2009

The books and resources on this list are selected from the collection at the Family Resource Centres at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

IWK Health Centre

Family Resource Library
IWK Health Centre
(902) 470-8351

FRL— This symbol means the book or resource is available through the Family Resource Library. The library, a special project of the IWK Auxiliary, welcomes patients, families and Health Centre staff. The library has more than 4000 pamphlets, books and videos, and provides access to French and English information about medical tests & procedures, specific illnesses, child development, and women's & maternal health. The library is located in room G2262, near the Information Desk at the entrance to the Women's and Maternal Health site. (Corner of Robie St. and University Ave.) Family Resource Library materials are listed in Nova Scotia Government Libraries Consolidated Catalogue at: **http://ncompass.library.ns.ca/**

Halifax Public Library
(902) 490– 5710

HPL— This symbol means the book or resource is available through the Halifax Public Libraries system. The Halifax Public Libraries system is comprised of 14 branch libraries, two mobile libraries, Books-by-Mail and Home Delivery services and e-branch. For more information, visit their web site at: **http://www.halifaxpubliclibraries.ca/**

The books and resources on this list are selected from the collection at the Family Resource Centres at McMaster Children's Hospital. The selection is based on parent and child feedback, and from on-going reviews at the Family Resource Centre. The inclusion of a particular resource does not imply an endorsement of the information or suggestions in that resource. Many of our resources are general in nature, and may not apply to your situation. Your health care professional is the best source of information about your child's health and concerns.

IWK Health Centre

Family Resource Library
IWK Health Centre
(902) 470-8351

FRL— This symbol means the book or resource is available through the Family Resource Library. The library, a special project of the IWK Auxiliary, welcomes patients, families and Health Centre staff. The library has more than 4000 pamphlets, books and videos, and provides access to French and English information about medical tests & procedures, specific illnesses, child development, and women's & maternal health. The library is located in room G2262, near the Information Desk at the entrance to the Women's and Maternal Health site. (Corner of Robie St. and University Ave.) Family Resource Library materials are listed in Nova Scotia Government Libraries Consolidated Catalogue at: **http://ncompass.library.ns.ca/**

Halifax Public Library
(902) 490– 5710

HPL— This symbol means the book or resource is available through the Halifax Public Libraries system. The Halifax Public Libraries system is comprised of 14 branch libraries, two mobile libraries, Books-by-Mail and Home Delivery services and e-branch. For more information, visit their web site at: **http://www.halifaxpubliclibraries.ca/**